

Preparing for natural disasters is crucial, especially in California where various types of disasters like earthquakes, wildfires, and floods can occur. Prepare yourself and your family by planning ahead with this checklist.

### Emergency Plan

- Create a family emergency plan that includes communication and meeting points.
- Ensure all family members know the plan and practice it regularly.

# ■ Emergency Supplies

- Water: One gallon per person per day for at least three days.
- Non-perishable food: Three-day supply per person.
- Manual can opener.
- First aid kit.
- Prescription medications and basic medical supplies.
- Personal hygiene items.
- Battery-powered or hand-crank radio.
- Flashlights with extra batteries.
- Multi-tool or Swiss army knife.
- Whistle to signal for help.
- Local maps.
- Cash (ATMs might not work during disasters).
- Important documents in a waterproof container (identification, insurance papers, medical records, etc.).
- Spare keys for house and vehicles.
- Pet food and supplies.

# Shelter and Clothing

- Warm clothing and sturdy shoes.
- Blankets or sleeping bags.
- Tent or tarp for temporary shelter.

# Communication

- Fully charged mobile phones and backup power banks.
- Establish an out-of-state contact person.
- Consider a satellite phone if you're in an area with poor cell reception.

#### ☐ Home Safety

- Secure heavy furniture and items that could fall during earthquakes.
- Install smoke detectors and carbon monoxide detectors.
- Learn how to turn off utilities (gas, water, electricity).

### Evacuation Planning

- Identify multiple evacuation routes from your area.
- Plan for how to evacuate with pets, if applicable.
- Keep your vehicle's gas tank at least half full.

#### Wildfire Preparedness

- Create a defensible space around your property.
- Keep gutters and roofs clear of debris.
- Have a supply of N95 masks to protect against smoke inhalation.
- Store flammable materials away from the house.

# Earthquake Preparedness

- Secure heavy objects, like bookshelves and water heaters, to walls.
- Anchor overhead light fixtures.
- Know "Drop, Cover, and Hold On" earthquake safety protocol.
- Have a pair of sturdy shoes and gloves under your bed.

# ☐ Flood Preparedness

- Elevate electrical appliances above potential flood levels.
- Install check valves to prevent floodwater from backing up into drains.
- If in a flood-prone area, consider sandbags and barriers.

### Storm Preparedness

- Monitor weather forecasts for updates on approaching storms.
- Reinforce windows and doors to withstand high winds.
- Secure outdoor items that could become projectiles during storms.
- Have additional supplies in your emergency kit for extended power outages or isolation due to fallen trees or flooding.
- Extra batteries for flashlights and radios.

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# AND STAY INFORMED

Staying informed and remaining flexible are essential during disasters. Keep your emergency supplies up to date and practice your emergency plan regularly with your family.